

2

INSPIRING AND ENGAGING YOUR FAMILY IN FAITH



CREATIVE LIFE IN FAITH IDEAS FOR THE SPRING HOLIDAYS

Write a Letter of Hope to a Friend or Neighbour

Your words have the power to lift spirits and encourage, especially to those who feel cut off and isolated at this time. Create and send a card letting someone know you care and are thinking of them.

1

Recall a time you received a letter or card from a friend. Can you remember how it made you feel? Spend some time thinking about who you would like to connect with. Who needs to receive kind words today?

2

Have fun and get creative making your own personalised card or letter. Decorate any way you like; paint a beautiful picture or attach a photo you have taken recently. You could use this opportunity to learn a new skill such as calligraphy or experiment with watercolour. Perhaps add an origami masterpiece you have created! Don't worry about following any set rules, just enjoy being as creative as you like.

3

Write a message from the heart that shows you care. Let them know you are praying for them and that God loves them too. Once finished, say a prayer for the person you are writing to. Thank God for the blessings of having this person in your life.

4

If writing to a neighbour, you could drop off your card along with some homemade biscuits or a flower from your garden (Covid19 contactless delivery of course). Or, perhaps enjoy a leisurely walk to your local post-box to post it. As you reflect on the day, invite each family member to share the name of the person they wrote to and something special about them.

5

Pray: Dear Jesus, we thank you for the gift of family, friends and neighbours. Thank you for reaching out to us with your loving kindness. Help us to show our love through our words and actions. Amen